

Butterflies  
Haven



**SUPPORTING  
CHILDREN AND  
FAMILIES LIVING  
WITH AUTISM**

## September Newsletter

We hope you have all had a lovely summer and are now looking forward to getting back into a routine again.



Good luck to everyone starting back at school and especially to those that have transitioned to a new learning place.



Please remember to submit your membership forms and set up your standing, in order to attend the sessions and hold your place. The link is below for the form and details of the subscriptions.

Dear Parent/Guardian

To ensure we have the most up-to-date information for your child(ren), Butterflies Haven has developed a comprehensive registration form. It includes key details such as medical information, emergency contacts, and social media preferences. Please take a few minutes to complete the form for each child, before attending any sessions:

 [Butterflies Haven Membership Form](#)

In addition, we kindly ask that families set up a monthly subscription from 1st October 2025 to help us continue renting space, running sessions, and providing enriching materials and activities. Your contribution directly supports our mission to offer a safe, creative, and supportive environment for all participants.

### Subscription Plans

| Plan                     | Individual | With 1 Sibling | Each Additional Sibling |
|--------------------------|------------|----------------|-------------------------|
| Monthly                  | £20.00     | £30.00         | +£10.00 monthly         |
| Every 3 Months (10% off) | £54.00     | £81.00         | +£30.00 every 3 months  |
| Every 6 Months (15% off) | £102.00    | £153.00        | +£60.00 every 6 months  |
| Annual (20% off)         | £192.00    | £288.00        | +£120.00 annually       |

To set up your subscription, please arrange a **standing order for the 1st of each month**, using your **child's surname and initials** as the reference. The first payment should be set up for the 1 October 2025.

#### Bank Details:

- **Bank:** Metro Bank
- **Charity Name:** Butterflies Haven
- **Account Number:** 36190282
- **Sort Code:** 23-05-80



We look forward to meeting you all

*1 - Over the summer Butterflies Haven have recruited new members of staff to the team. They are*

*Tee - Fundraiser*

*Rebecca - Session Co-ordinator*

*Kirsty - Session Co-ordinator*

*Welcome to the team*



## Upcoming Sessions

We have put a schedule of activities together for the academic year, which we will release at the beginning of each month in the newsletter.

## Schedule for Young Voice



**Friday 19 September - Parachute Games**

**Friday 26 September - Lego**

subject to change

## Schedule for Step Up



**Monday 22 September - Forest Build**

**Monday 29 September - Scavenger Hunt**

subject to change



*2 - Once we have received your membership form and are aware your standing order is set up we will confirm which session you are in. Our sessions are starting back on -*

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*Young Voice*

***19 September***

*Session 1 5.15 6.15*

*Session 2 6.30-7.30*

*Step Up*

***22 September***

Session 1 6.30-7.30

Session 2 7.30-8.30



## Volunteering Opportunities



We warmly welcome volunteers aged 16 and over to support our play sessions and assist our session coordinators. We can only run these sessions if we have a compliant adult-to-child ratio, so your support really does make a difference.



## Help Us for Free with Easyfundraising



Butterflies Haven is registered with Easyfundraising—over 8,000 retailers will donate to us when you shop through their platform, at no extra cost to you! Simply sign up and install the donation reminder browser extension.



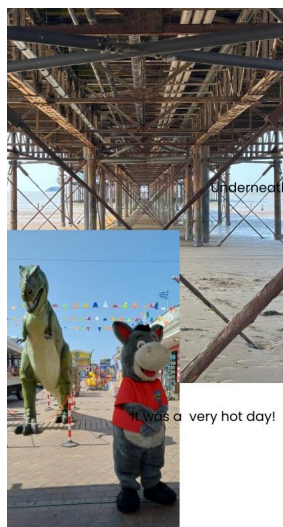
[Join Easyfundraising - Butterflies Haven](#)

💬 Spread the Word



We're always excited to welcome new families! If you know of other neurodivergent families who might benefit from our sessions, please refer them to our application form: [CHILD APPLICATION | Butterflies Haven](#)

## Summertime Fun



3 - Photos from the trip to Weston Super Mare



## Trip to Odd Down Cycle Track



4 - Odd Down cycle track is 1.5km long, located at Odd Down Sports Ground. Butterflies Haven hired the track for our session. Public bookable sessions are held on a Tuesday at 4pm and every other Saturday at mid day. [All Cycle Bath & West](#)



## Other Events

New parent carer group starting 9th Sept! Come and meet other parent carers for a cuppa, a biscuit, and a friendly chat with people who truly understand. Your host, Ali, is a parent to two grown-up neurodivergent kids and has years of experience running groups like this - she really gets the ups and downs of being a parent carer

- 9.30 – 11.30, every fortnight on Tuesdays (term-time)
- Charlton House, Keynsham

- Tea, coffee & biscuits provided

Feeling nervous? Drop Ali a line at [support@banespcf.co.uk](mailto:support@banespcf.co.uk) and she'll look out for you. No need to book, just pop in, you'll be very welcome!

[https://banespcf.co.uk/events/](https://banespcf.co.uk/events/#ParentCarerForum) [#ParentCarerForum](#) [#ParentCarerSupport](#) [#SENSupport](#) [#whatsoninkeynsham](#)



*5 - Sometimes being a parent can be the toughest job there is, and this can affect our relationships. Theraplay Families is a 6-week programme that focuses on enhancing the connection, trust and joy between you and your child.*

*Theraplay Families is an online course via Teams for parents/carers of children 8 years and under.*

*Starting Tuesday 16th September 10.30 – 11.30 for 6 weeks the course includes:*

- *Introduction to Theraplay*
- *Structure and Nurture*
- *Relationship Stress and Challenge activities*
- *Sensory Processing*
- *Theraplay and Emotional Regulation*
- *Theraplay Families—putting it all together*

*To find out more, or to request or confirm a place, contact:*

*Your local Bright Start Children's & Family Centre service hub:*

*Keynsham (& Chew Valley): 01225 395400*

*Keynsham Children & Family Centre, 65 West View Rd, Keynsham BS31 2UE*

*Email: [brightstartcc@bathnes.gov.uk](mailto:brightstartcc@bathnes.gov.uk)*

*or*

*Your Health Visitor:*

<https://bathneshealthandcare.nhs.uk/chil.../health-visiting/>

Tel No.: 0300 247 0055 Email: [hcrq.bathnesspa@nhs.net](mailto:hcrq.bathnesspa@nhs.net)

*More information:*

[www.bathnes.gov.uk/childrens-centres](http://www.bathnes.gov.uk/childrens-centres)

[BrightStartCC@bathnes.gov.uk](mailto:BrightStartCC@bathnes.gov.uk)

[Bright Start Children's Centres](#)

[www.bathnes.gov.uk](http://www.bathnes.gov.uk)

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|  <p>Butterflies<br/>Haven</p> | <p>Session Address St Francis Church, Warwick Road, Keynsham, BS31 2PW<br/>Office Address 20, Temple Street, Bristol BS31 1EH<br/>Contact Us Email: <a href="mailto:info@butterflies-haven.com">info@butterflies-haven.com</a><br/>Butterflies-Haven is a Registered Charity Number: 1168333</p> |
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6 - [Facebook](#)

[Web Page](#)